
PRACTICAL COUNSELLING SKILLS FOR BEGINNERS

September 2010

This course is intended for professional and non-professional people who would benefit from practical basic counselling skills and who have minimal or no training in this area e.g. those working in the human resources, education, health or social services.

Course Profile: You will be presented with a client-centred approach to counselling using micro-counselling skills. This would be a combination of theory and hands on supervised practice.

This course will be held over two weekends. These will be in Christchurch, with the venue at:

**St Anne's Church
Wilsons Rd, St. Martins
Christchurch**

First weekend:

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| Saturday 4th September | 9.30am – 4 pm |
| Sunday 5th September | 11am - 4.30 pm |

Second weekend:

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| Saturday 11th September | 9.30 am – 4 pm |
| Sunday 12th September | 11 am – 4.30 pm |

Course fee: \$125 + GST per day

Total course fee: \$500 + GST

A certificate of completion will be presented at the end of the training

The Presenter: David Garb

David has been designing and presenting workshops over the past twenty years in New Zealand, South Africa, Australia, the US and Canada.

His qualifications include a Masters of Education degree in counselling, a Bachelor of Social Science in psychology and sociology, a Diploma in Special Education and a Diploma in Waldorf Education. He is trained in counselling and psychotherapy, group facilitation, and in a variety of therapeutic methods.

His current work is as a private therapeutic practitioner and a trainer for tertiary and secondary learning organisations, and corporate institutions.

**Bookings: Register with David at the Merivale Health Centre
355 6166 or home 332 3705**

For any queries, please contact: David at:

david.garb@paradise.net.nz